

Older Manitobans AGE-FRIENDLY MANITOBA UPDATE

Design for the young, and you exclude the old; design for the old and you include the young. – BERNARD ISAACS

Manitoba is indeed on its way to becoming the most age-friendly province in Canada. On November 16, 2009, the Manitoba Seniors and Healthy Aging Secretariat hosted the fourth round of the Age-Friendly Manitoba Initiative (AFMI), with the joining of 16 new communities. This round brought the total number of communities to 66.

All the participating communities from across Manitoba, from as far north as Gillam to the most southern tip of the province (Gretna and Franklin), the municipal government, private citizens, and the business community are engaging in age-friendly dialogue, projects and activities. All of these activities are in an effort to shape communities to further enable

older adults to lead independent lives, and be able to fully engage and be active, contributing members of their community.

The Age-Friendly Manitoba will address the current and the future needs of a growing seniors' population. The end results will benefit everyone. For example, implementing Age-Friendly Manitoba will create an environment of social cohesion, respect and enhanced opportunities for healthy, active living for all citizens—young and mature.

Below are just a few of the great activities that are taking place across Manitoba.

Gimli has developed an Annual Business Award for businesses with the most age-friendly features. For more information please contact the Gimli Age-Friendly Advisory committee.

Gladstone was featured at the 2009 Canadian Association of Gerontology for their efforts to better meet the housing

needs of their older population. For more information please contact the mayor of Gladstone, **Eileen Clarke**.

The Pas Age-Friendly Advisory Committee is embarking on an inter-generational project piloted at The Pas elementary Schools. The project involves age appropriate activity pages and games that enhance and promote positive images of older adults.

Pinawa is currently working on a grocery/pharmacy delivery system; making public buildings more accessible, and extending sidewalks.

Roblin & Cartwright have helped provide the Cartwright-Mather Merry Makers Drop In Centre with a wheel chair accessible washroom. 

Next: See which Manitoba municipalities are becoming more age-friendly



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AGE-FRIENDLY COMMUNITIES

The following Manitoba communities are currently in the process of becoming more age-friendly.

- Alexander, RM
- Brokenhead, RM
- De Salaberry, RM
- Erickson, Town
- Glenboro, Village
- Hamiota, RM
- Minitonas, Town
- Shoal Lake, Town
- Snow Lake, Town
- St. Laurent, RM
- Steinbach, City
- Swan River, RM
- Thompson, City
- Treherne, Town
- Coldwell, RM
- Louise, RM
- Roblin, RM
- Cartwright, Village
- Morris, Town
- Pinawa, LGD
- Macdonald, RM
- Gladstone, Town
- Arborg, Town
- Gilbert Plains, Town
- The Pas, Town
- Elkhorn, Village
- Gimli, RM
- Portage la Prairie, City
- Dauphin, City
- Brandon, City
- Armstrong, RM
- Dufferin, RM
- Franklin, RM
- Ritchot, RM
- Springfield, RM
- Shoal Lake, RM
- Carman, Town
- Gillam, Town
- Gretna, Town
- Morden, Town

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- Rosburn, Town
- Ste. Rose du Lac, Town
- Stonewall, Town
- Virden, Town
- Crystal City, Village
- Beausejour, Town
- Carberry, Town
- Dunnottar, Village
- Edward, RM
- Eriksdale, RM
- Flin Flon, City
- Hamiota, Town
- Morris, RM
- North Cypress, RM
- Notre-Dame-de-Lourdes
- Pilot Mound, Town
- Riverton, Village
- Roblin, Town
- Selkirk, City
- Siglunes, RM
- St. Francois Xavier, RM
- Victoria, RM
- Wawanesa, Village
- West St. Paul, RM
- Westbourne, RM (Plumas)
- Winkler, City

For more information regarding the Age-Friendly Manitoba Initiative, contact:

Seniors & Healthy Aging Secretariat
 822-155 Carlton Street,
 Winnipeg, MB R3C 3H8
 Phone: 204-945-6565
 Email: seniors@gov.mb.ca
 Website: www.gov.mb.ca/shas

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Brandon Office
Gary Pilloud, FCIP
 #7A - 2010 Currie Blvd.,
 Brandon, Manitoba R7A 5Y1
 Ph: (204) 728-6126 Cellular: (204) 729-6115
 Fax: (204) 728-6044 E-mail: jdsbdn@mts.net

THOMPSON DORFMAN SWEATMAN LLP

Canwest Place
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|---|--|---|
| <p>Robert J.M. Adkins
 (204) 934-2483
 rjma@tdslaw.com</p> | <p>Antoine F. Hacault
 (204) 934-2513
 afh@tdslaw.com</p> | <p>John D. Stefaniuk *
 (204) 934-2597
 jds@tdslaw.com</p> |
| <p>Maria L. Grande
 (204) 934-2573
 mlg@tdslaw.com</p> | <p>Adrian B. Frost
 Labour & Employment
 (204) 934-2327
 abf@tdslaw.com</p> | <p>Elmer J. Gomes
 (204) 934-2353
 efg@tdslaw.com</p> |

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