

**Welcome**

# Young Manitoban Perspective

# Disabled Manitoban Perspective



CANADIAN CENTRE ON DISABILITY STUDIES



# Livable and Inclusive Communities

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Government  
of Canada

Gouvernement  
du Canada

## Definition of Livable and Inclusive Communities

- Ensures a high **quality of life**
- Takes a **sustainable approach** to environmental, cultural, and human resources;
- Encourages a **broad range opportunities** open to individuals of all identities;
- Takes a **context-sensitive, participatory approach** to planning and decision-making;
- Citizens **feel safe and empowered** to participate and are **valued** by the community

Montgomery County Planning Department, 2003. McMaster University, N.D. Maxwell, G., 2007.

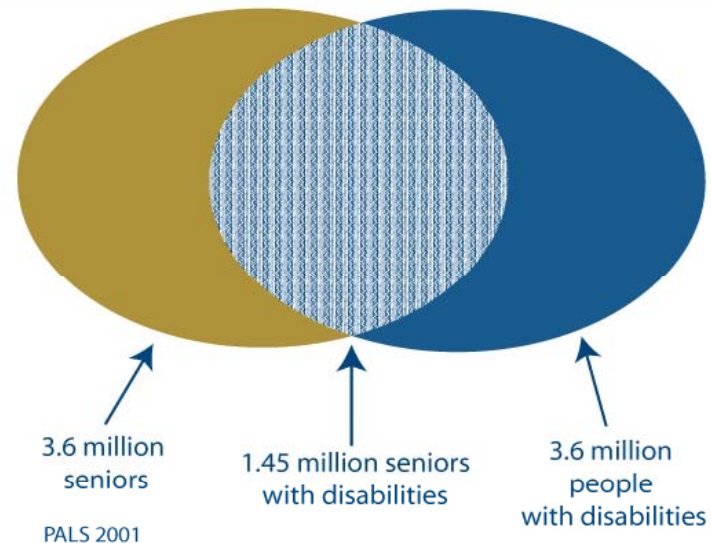


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# Demographic Changes

- 4.4 million (14%) of people have disabilities
- Incidence of disability increasing with age
- 1.75 million (43%) of persons with disabilities in Canada are 65 yrs or older
- By 2026 estimated that 20% of Canada's Population will be 65+
- By 2041, 23% of the population of Canada will be 65+

2.1 Canadian Seniors with disabilities living in the community 2001



Source: PALS 2001, 2006.

[www40.statcan.gc.ca/101/cst01/health71a-eng.htm](http://www40.statcan.gc.ca/101/cst01/health71a-eng.htm)

## Concepts and Initiatives

- Healthy Communities
- Aging in Place
- Elder Friendly Communities
- Age Friendly Cities- Global, Rural and Remote
- Smart Growth
- Visitable Housing
- Livable Communities



# What brings us all together... is a livable community

- Livability is inclusion, diversity and social and environmental sustainability for all generations.

This includes access to appropriate:

- Housing, transportation and support services
- Connection to family and friends
- Public spaces
- Recreation and cultural services



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# Livable and Inclusive Communities



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# Foundation

Public and  
Private

Gender  
and  
Culture  
Lens



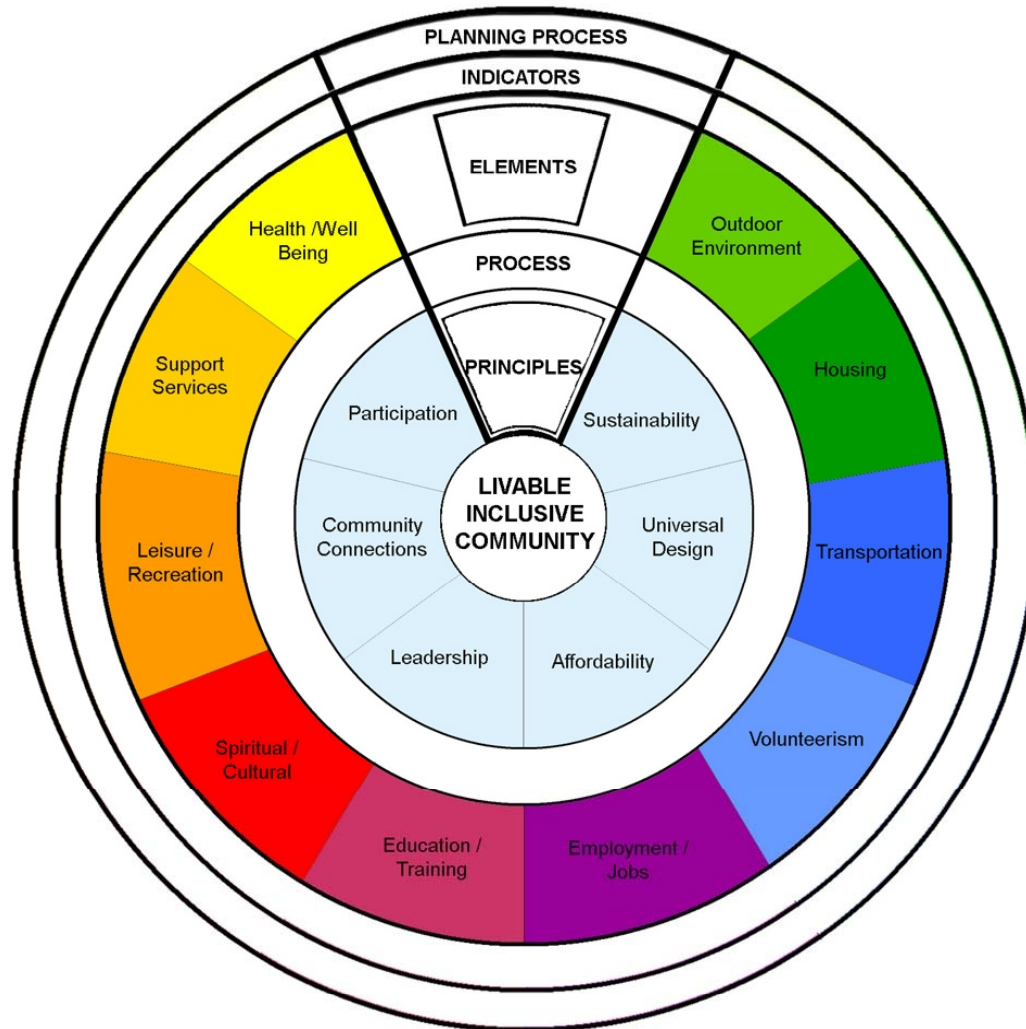
Policy and  
Program

Urban and  
Rural



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# Model for Livable and Inclusive Communities



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# Promising Practice: Housing

**Element** – Housing

**Principle** – Participation

**Indicator** – A policy exists at the municipal level requiring the participation of seniors with disabilities in the housing development planning process.



# Promising Practice: Visitable Housing

Do you ever think about going to your neighbor's house?  
Is your neighborhood visitable by everybody?

Eleanor Smith had an epiphany in Atlanta, 1986  
“All houses could have an accessible entrance!”  
... and be Visitable!

- Get in the door
- Visit friends, family and share a meal
- And pee!



# Visitability

**“makes neighborhoods welcoming and appealing to live in.”** Eleanor Smith



- Zero Step Entrance
- Wider doors at entrance and bathroom ( at least a 32 inch clear opening at doorways and accessible circulation throughout the floor plan)
- Bathroom on the main floor

## Community Benefits

- Social sustainability through community participation and social inclusion
- Supports economic stability as seniors don't need to move out of the community to institutions or larger centres (age in place)
- Encourages intergenerational community learning
- Public health issue:
  - Increased safety and injury prevention
  - Reduce length of hospital visits as patients can go home to recuperate
  - Increase well being from less social isolation
  - Easier for caregivers to provide services
- Value added to home value if used as a marketing feature
- Benefits everyone: friends and family, seniors, youth...



# Visitability Action Framework

## Goals

- **Political commitment to visitable housing by all federal, provincial and municipal governments by 2012**
- **Gain commitment from home builders, developers and realtors by 2012**
- **All new housing visitable by 2020**
- **Short Term Goals 1-2 years**
  - Education and awareness
  - Collaboration of key stakeholders
  - Percentage of Private stock to become visitable standard for all to get used to the idea before it goes to 'all new construction'
- **Mid Term Goals 5 years**
  - Initiate visitable housing by-laws, zoning regulations
  - Building showcase- celebrating success on large scale
- **Long Term Goals 10 years**
  - Building Code changed



## Livable and Inclusive Communities Next Steps

Promote Livable and Inclusive Communities by:

- Creating awareness on promising practices towards Livable and Inclusive Communities
- Establishing a network and partnerships with other Canadian pilot sites and neighbouring communities to share promising practices and resources
- Including persons with lived experience (seniors, people with disabilities, recent immigrants, youth etc.) in all aspects of service planning and delivery at the municipal level
- Participating as a pilot community in CCDS' project towards Livable and Inclusive Communities





## **CANADIAN CENTRE ON DISABILITY STUDIES**

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# New Manitoban Perspective

# Older Manitoban Perspective



# **What does an ideal community look like?**

Association of Manitoba Municipalities – Nov 23/09



As we grow  
older,  
keeping our  
independence  
is  
imperative.



# Independence and accessibility



## Access to

- Food
- Financial Institution
- Social & Physical Activities
- Medical Services

# Transportation



Walker /wheelchair



Handi van program



Scooter and walker

# Access to all public buildings/washrooms



# To social events



Staying physically active is important for all of us.



Cold weather – do your seniors have access to programs indoors?

# To medical services



How far do you  
have to travel for  
medical services?

Are you able to  
get there?

# Housing – age in place



- Stay in own home with services
- Ability to hire local businesses for repairs, yard work, ..... at a reasonable cost.

# Housing in own community



## Supportive &/or Assisted living units:



An important benefit to the community

Older Adults/seniors want safe, affordable housing with additional supports

They want to stay in their own community

# Safe communities



Parks  
and  
open spaces

Walking Trails



# Safe communities



Emergency plans

72 hour preparedness

What happens if....

# Information:



My mom lives in your community. I left home 20 years ago. I am home for a short time to assist her.

How do I know what services and social events are available to her?

How does she know what to do in case of a community emergency (ice storms, tornadoes, etc...)

# Age Friendly Data



	Carberry	Stone wall	Glad stone	Viriden	Gimli	Arborg	The Pas	Rosburn	Spring field
Housing	1	5	2	1	1	6	3	3	1
Social	2		6	6	3	2	5	4	2
Transport	3	6	7	5	5	5	4	5	3
Information	4			3				6	
Access	7	2	4	4		3	2	1	5
Streets sidewalks	5	1		2		1	1	7	4
Healthcare	6	4	1		2	4	6	2	6
Indoor Recreation		3							
Walking trails		7							
Intergeneration Activities			3						



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## So what does an ideal community look like:

### **For Young Manitobans**

- Be Understood
- Be Respected
- Be Included
- Be Heard

### **For Older Manitobans**

- Transportation Services
- Access to Public Buildings
- Housing and Supports
- Safe Communities
- Information

### **For Disabled Manitobans**

- Housing
- Transportation
- Support Services
- Strengthened community planning practices

### **For New Manitobans**

- Affordable housing
- Language training
- Employment opportunities
- Employment training (12-16 yrs)
- Psycho-social support